




ENDOMETRIAL CANCER: ENCOURAGING INFORMED CONVERSATIONS WITH YOUR HEALTHCARE PROVIDER

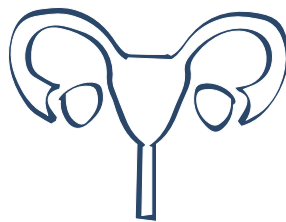
As a person living with endometrial cancer, you and/or your loved ones may have questions for your healthcare providers at any point — whether it's at your initial diagnosis, during treatment, or when you are in remission. However, there are steps you can take to gain more control over your experience, which include having a clear dialogue with your loved ones and oncology care team. 

Knowing what questions to ask and what resources to have ready before, during, and after your healthcare appointments is an important step toward being in control of your own health.



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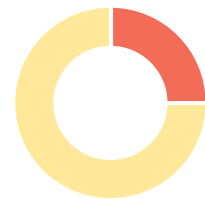
people in the US are diagnosed with endometrial cancer each year.



When endometrial cancer is caught at an early stage,

95 out of 100

patients will be alive 5 years after diagnosis.



25%

of patients with endometrial cancer have either advanced or recurrent cancer.



The below checklist can help guide an informed conversation with your doctor.

BEFORE YOUR APPOINTMENT:

Write down questions you have for your doctor. Be sure to bring a pen and paper with you to the appointment so you can jot down any important information shared by your care team. If you feel comfortable, you can also use the notes section of your smartphone.

Decide if you want a loved one to come with you to the appointment for support.

It can be helpful to have a second set of ears and someone to help take notes.

Print out this discussion guide prior to your appointment and check off the questions below as you ask them.

DURING YOUR APPOINTMENT:

Whether you're newly diagnosed or your treatment is ongoing, it's important to know what questions to ask in order to have an informative discussion with your care team.

Questions to consider include:

For all patients:

What is your preferred method of contact for additional questions? Email? Phone? How long will it take for you or your staff to get back to me?

- Do you have an online communication portal that I can use to reach out between visits?
- Should I consider a clinical trial?

If you're newly diagnosed:

What are my treatment options? How do they work?

- What side effects can I expect? How will this impact my life?

Are there any other considerations that may affect my treatment options based on the kind of cancer I have?

- Are there tests that may determine a different course for me (i.e. genetic testing)?

How can biomarkers play a role in determining what treatment option might be best for me?

What biomarkers should I be aware of?

Are my treatments covered by my health insurance?

How can I best take care of myself throughout the treatment process?

What happens after I finish treatment?

- What are the chances of my cancer returning?
- What are my options if my cancer returns?

Are there any local support groups or online resources I can look to for peer-to-peer support and information?

If your treatment is ongoing:

Do I have new test results since my last appointment? If so, what do they mean? What will happen next?

What treatment options are available for me at each of these stages? Is my current treatment plan still the best option for me?

How do I know if my treatment is working?

Are there other treatment options I should consider?

If new options are suggested:

- Why do I need this new option?
- What do I need to know about this treatment? How does it work? How is it administered?
- What side effects should I expect? How will this impact my life? What do I need to know about ongoing monitoring?
- Is this treatment covered by my health insurance?
- What else do I need to do? Why is it important that I do it?



